Nursing Research Conference

Celebrating Spectrum Health Nurses’ Research/Inquiry
2016 Nursing Research Conference

Schedule

Registration – MSU Secchia Center Lobby
7:30 a.m. Registration, posters and light breakfast

Keynote Address I – MSU Secchia Center 131

Determinants of Chronic Disease and Healthy Aging in the Nurses’ Health Study Cohorts
8:00 a.m. - Mary Townsend, ScD
9:00 a.m. Brigham and Women's Hospital and Harvard Medical School
          Instructor in Medicine, Channing Division of Network Medicine

Break – MSU Secchia Center Lobby
9:00 a.m. to Posters will be available for viewing
9:15 a.m.

Session One – Patient Activation: The Relationship between Care Management with Coaching for Activation and Patient Outcomes
09:15 a.m. to Cindy Reistroffer, DSc, MBA, BSN, RN, FACHE, NEA-BC
9:45 a.m. Director Network Engagement, Priority Health

Session Two - Difference in Recommended-To-Actual Nurse Staffing and Patient Falls
09:45 a.m. to Shawn Ulreich, DSc, MSN, RN, NEA-BC
10:15 a.m. CNE/SVP Clinical Operations, Spectrum Health

Break and Poster Presentations - MSU Secchia Center Lobby
10:15 a.m. to Authors of posters will be available for dialogue
10:40 a.m.

Session Three - Nursing Teamwork in Health System Hospitals: A Multisite Longitudinal Study
10:40 a.m. to Sarah Geoghan, BSN, RN, Spectrum Health
           Judith B. Westers, MSN, BS, RN
           Director, Pediatric Services, Health DeVos Children’s Hospital
           Jennifer A. Kaiser, PhD, MSN, RN, CNE
           Senior Nurse Researcher, Spectrum Health
Session Four – Overlooked Risks of Survey Research
11:10 a.m. to 11:40 a.m. - Stacey Gardner, BBA, CIP
Regulatory Affairs Analyst, Spectrum Health

Lunch & Nurse Wellness Committee presentation – MSU Secchia Center Lobby
11:40 a.m. to 12:30 p.m.
Lunch & Nurse Wellness Committee presentation
MSU Secchia Center Lobby
11:40 a.m. to 12:30 p.m.
Roundtable Discussion Nurses’ Wellness Committee
(Box lunches provide for paid attendees)

Nurses’ Wellness Committee
- Susanne Brooks, MSN, RN, ACCNS-AG, Director, Nursing Operations/Magnet Program, Spectrum Health
- Nikki Coy, BA, BSN, RN, OCN, Director, Nursing, Spectrum Health Continuing Care
- Teri Crumb, BSN, RN, CCRC, Clinical Research Nurse 2, Spectrum Health
- Angie Frye, BSN, RN, CNRN, Nurse Manager Neurosciences, Spectrum Health
- Amanda Himes, MSN, RN-BC, NE-BC, Nurse Manager, Acute Care of Elderly, Spectrum Health
- Bill Russell, BS, BSN, RN, Specialist Safety, Spectrum Health
- Keverne Lehman, MSN, RN-BC, Director, Nursing Practice & Development, Spectrum Health (Moderator)

Keynote Address II – MSU Secchia Center 131

Determinants of Mental and Physical Health in the Nurses’ Health Study Cohorts: A Deeper Look at Psychiatric, Psychological, and Social Factors
12:30 p.m. to 14:00 p.m. - Mary Townsend, ScD
Brigham and Women’s Hospital and Harvard Medical School
Instructor in Medicine, Channing Division of Network Medicine

Concluding Remarks & Evaluation
14:00 p.m. - Jennifer A. Kaiser, PhD, MSN, RN, CNE
Senior Nurse Researcher, Spectrum Health

Reception: MSU Secchia Center Lobby
14:00 p.m. to 15:00 p.m.
Refreshments will be served during the reception.

Note:
Keynote Address II will be offered again from 17:00 – 18:30 p.m. at the Butterworth East Auditorium (free of charge)
**Poster Presentations - MSU Secchia Center Lobby**

**2015 Nursing Learning Needs Assessment**
- Joshua Meringa, MPA, MHA, BSN, RN-BC, ONC  
  Nurse Educator, Nursing Practice & Development, Spectrum Health
- Katie Bird, BSN Hope College School of Nursing Student

**Elevating Transformational Leadership During Times of Transition: Successful Quality Improvement Strategies Employed by Advanced Practice Nurses in Specialty Leadership Roles.**
- Amy Manderscheid, DNP, RN, CMSRN  
  Spectrum Health Rehab and Nursing Center Fuller Campus
- Bridget Apple, MSN, RN  
  Infection Preventionist, Spectrum Health Rehab and Nursing Center Fuller Campus

**Post Discharge Calls #1 and Post Discharge Calls #2**
- Jeannette Pollatz, MSN, RN  
  Nursing Educator, Nurse Administration, Spectrum Health Zeeland

**Post-Fall Interdisciplinary Huddle Intervention**
- Kate Bredeweg, BSN, RN, ONC  
  Nursing Practice Associate, Orthopedics, Spectrum Health
- Amanda Bourdon BSN, RN, ONC  
  Nurse Manager, Orthopedics, Spectrum Health
- Nicole Wills, MSN, RN, NE-BC, CBIS  
  Nurse Manager, Center for Acute Rehab, Spectrum Health

**Alcohol Withdrawal Management**
- Kate Bredeweg, BSN, RN, ONC  
  Nursing Practice Associate, Orthopedics, Spectrum Health
- Sherry Dehtiar BSN, RN, CNML, PCCN  
  Nurse Manager, Bariatric Unit, Spectrum Health
- Cheryl Houseman, MSN, RN-BC, ACNS-BC  
  Clinical Nurse Specialist, Med/Surgical Nursing, Spectrum Health
- Sue Proctor MBA, BSN, RN, NE-BC  
  Process Improvement Coach, Spectrum Health
- Bea Rivard, PharmD  
  Clinical Pharmacy, Spectrum Health
- Corey Waller, MD, MS, FACEP, DFASAM  
  Physician, PC Center for Integrative Medicine, Spectrum Health
Nursing Teamwork in Health System Hospitals: A Multisite Longitudinal Study

Presenter
Sarah M. Geoghan, BSN, RN
Judith B. Westers MSN, BS, RN
Jennifer A. Kaiser, PhD, MSN, RN, CNE

Abstract

Introduction
The past decade, healthcare organizations have adopted the importance of teamwork. Nursing-specific, rather than interdisciplinary, teams have rarely been examined in the literature. An examination of this specific professional cohort and its level of teamwork may provide important information as to both nursing practice and its related outcomes.

Purpose of the Study
The purpose of this study was to gain insight and understanding of nursing teamwork of nursing staff members within the Spectrum Health system.

Methods
This study used The Nursing Teamwork Survey developed by Dr. B. Kalish, based on the conceptual framework of Salas’ “Big Five” Framework of Teamwork. 1,414 nursing team members in various roles participated in the survey.

Results
System wide, the highest teamwork subscale was Shared Mental Model, followed by Team Leadership. Much lower were Trust and Backup, with Team Orientation consistently the lowest scoring variable. Demographic characteristics such as gender, education, and role experience were not correlated with teamwork behaviors. Those who intended to leave their position reported lower levels of teamwork. Similarly, participants with high job and role satisfaction, and were satisfied with staffing reported higher levels of teamwork.

Conclusions
Results of this study describe nursing teams that are knowledgeable of their own and each other’s roles and responsibilities and have good leadership support, but are not strong in recognizing weaknesses and assisting each other in reaching team goals that are considered more important than the sum of its parts. The results of this study provide direction for growth within the Spectrum Health system related to the benefits of nursing teamwork and continuing research.

Contact Information
sarah.geoghan@spectrumhealth.org
judyb.westers@helendevoschildrens.org
jennifer.kaiser@spectrumhealth.org